



## Welcome to National League Tball

### How to Coach National TBall:

This is our introductory TBall which will consist of skill stations rather than playing games. After July 1<sup>st</sup>, a one inning mini game will be played without umpires as the last part of practices. Practices will be one 1hr in length.

There will be 2 teams on each field for all practices and will rotate between infield and outfield stations.

We will provide an outline of activities that can be done every week to help decrease the amount of planning required. It is recommended that this outline be followed as the goal at this level is skill building not team winning. It is required that we follow the skills format instead of just deciding to play games.

When doing fielding drills and the one inning games, please put the players in actual baseball positions. We understand at first, they won't know what you're asking of them, but by starting the baseball references and the repetition of saying the positions repeatedly which will help them learn for future years.

**Let's Have a Great Year!**